





# **National Service Scheme** "side effects of self medication"

Date & Time: 28.01.2022, 10.00 AM

Online Mode

## Report

In align with the ministry of youth affairs and sports, the National Service Scheme Units of our campus in association with the Inner wheel club of Thanjavur heritage city jointly organized a programme on "Side Effects of Self Medication" for our students on 28.11.2022.

The programme was started with welcome address given by one of our NSS Volunteers. The chief guest Dr.T.Gunalan Anesthesiologist, Critical care & Pain Specialist Thanjavur delivered the thematic presentation on Self-medication. In his address, he defined the selection and use of medicines by individuals to treat self-recognized or self-diagnosed symptoms are lethal. Self-medication increases the access to medicines inaptly that only give a temporary relief and leading majorly to a perennial paralyzing to diseases.' Besides, he advised that 'the better use of physicians and pharmacists consultations will reduce anxiety and the expenditure linked to the treatment of physical issues.' With proper medical advice,' he mentioned, 'severe and adverse reactions on the administration of incorrect dosage and choice of therapies can be thwarted.'

Finally, the gathering was thanked by Mr. S. Ambalatharasu, Programme Officer, Unit II.

NSS PROGRAMME OFFICERS

PRINCIPAL

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The flyer of the programme etching on the programme features